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Patient Liaison
Service (PLS)
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Singapore Association
for the Study of Obesity

OBESITY & METABOLIC SURGERY
SOCIETY OF SINGAPORE

CME/CNE/CPE accredited

SGH OBESITY AND METABOLIC UPDATE 2026

28 MARCH 2026, 12.00 PM - 5.00 PM

Level 3 Grand Ballroom, Amara Hotel,
165 Tanjong Pagar Road, Singapore 088539

REGISTRATION IS COMPLIMENTARY

Registration
Deadline

12 MARCH 2026



SCAN TO REGISTER OR VISIT
sghobesityforum2026.com

For enquiries, please reach out to
contact@avenewv.com

PROGRAMME HIGHLIGHTS

- Exercise as Medicine: Practical Activity Prescriptions for Patients with Obesity
- Practical Nutrition Approaches in the Era of GLP-1
- Motivational Interviewing for Weight Management: Tools for the Busy GP
- From Weight Loss to Outcomes: Integrating GLP-1 Therapies into Cardiometabolic Care
- From Biggest Loser to Long Term Winner - Keeping Bariatric Patients on track in the community
- Current Updates on Endoscopic Options for Obesity Management in SGH
- Optimising Medical Management of Obesity in Primary Care

FACULTY



Dr Lee Phong Ching
Director, SGH Obesity
Centre
Senior Consultant,
Dept of Endocrinology,
SGH



Dr Tiffany Lye Jian Ying
Organising
Chairperson
Consultant,
Dept of Upper GI &
Bariatric Surgery, SGH



Dr Natalie Koh Si Ya
Guest Speaker
Senior Consultant,
Department of
Cardiology, NHCS



Ms Lee Shi Hwee
Physiotherapist,
Dept of Physiotherapy,
SGH



Dr Lee Zhen Jin
Consultant,
Dept of Upper GI &
Bariatric Surgery, SGH



Dr Ravishankar Asokkumar
Senior Consultant,
Dept of Gastroenterology
and Hepatology, SGH



Dr Sarah Tan Ying Tse
Consultant
Dept of Endocrinology,
SGH



Ms Tan Ai Shan
Principal Dietitian
(Clinical),
Dept of Dietetics, SGH



Dr Tan Nan Guang
Consultant,
Dept of Upper GI &
Bariatric Surgery, SGH



Ms Wen Siying
Psychologist,
Dept of Psychology,
SGH

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